



# Preparing for your EGD (Upper Endoscopy)

Patient Name: \_\_\_\_\_

## What is an EGD (Esophagogastroduodenoscopy)?

A procedure that is used to look at the upper part of your digestive system to find the cause of symptoms such as heartburn, abdominal pain, or difficulty swallowing.

### Your Pre-op Appointment

Date: \_\_\_\_\_

Time: \_\_\_\_\_

Doctor: \_\_\_\_\_

Please arrive to your appointment 15 minutes early.

### 3 Days Before Your EGD



No alcohol 3 days before: or your doctor will need to increase the medicine needed to keep you comfortable during the EGD.

Call if you or your escort have questions:  
(907) 842-9222.

### On The Day Of Your EGD

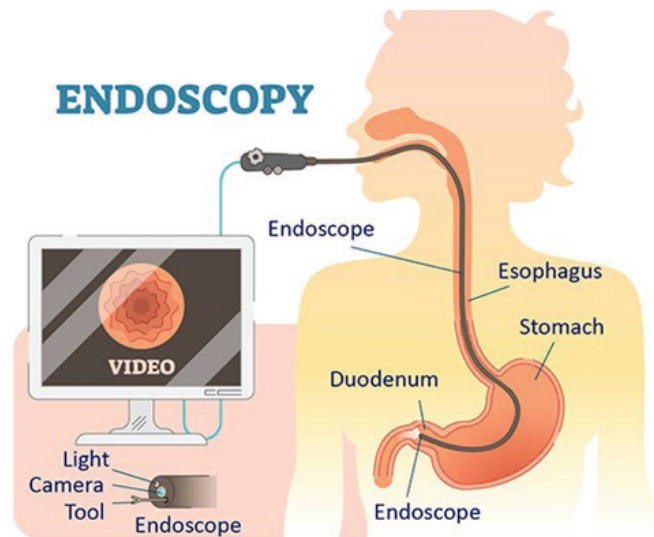
Your EGD is scheduled for:

Date: \_\_\_\_\_

Time: \_\_\_\_\_

Doctor: \_\_\_\_\_

You may take all your morning medications with a small glass of water.



### 1 Day Before Your EGD

- You can have a normal diet on this day but, please do not eat anything after midnight.
- You may have clear liquids (water, tea, apple juice) up until 4 hours before your procedure.

### One Hour Before Your EGD Starts

1. Check-in at Registration in the Outpatient Lobby area.
2. Check-in at the Emergency Department and a nurse will get your IV put in.
3. You will be taken to the Endoscopy Clinic waiting area for your scheduled procedure.

Please call 1 (800) 478-5201 or (907) 842-9222 if you have any questions, need to reschedule, or cancel your appointment.

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