



BRISTOL BAY AREA HEALTH CORPORATION
MEDICAL IMAGING SERVICES
DILLINGHAM ALASKA 99576

PELVIC ULTRASOUND PATIENT INSTRUCTION SHEET

PATIENT NAME _____

Appointment Date _____ **Time** _____

What to do:

TRANS-ABDOMINAL METHOD:

1. Begin drinking 60 ounces water, no drink, juice etc.
2. Complete the entire water 1hour before scheduled exam.
3. **DO NOT** empty your bladder until after your exam. If you are unable to hold your bladder full, please tell the Medical Imaging department so you can be rescheduled.
4. Your full bladder is needed to image your pelvic area.

TRANS-VAGINAL METHOD:

1. No prior preparation is needed for this exam. The technologist will ask you to empty your bladder before the exam.

Occasionally, it is necessary to do both a trans-abdominal and a trans-vaginal to completely examine your pelvic area. If you have any questions about your study, you may contact your provider or the outpatient department. For questions about the patient prep, please call Medical Imaging Services department at:

(907) 842-5201 ext. 6365 or (907) 842-9365